



Crisis Care Resources

If you or someone you know is experiencing a mental health crisis in Albuquerque, New Mexico, there are several local and statewide resources available to provide immediate support:

Important Phone Numbers

- 988 – for Emergency
- New Mexico Crisis Line: 1-855-NMCRISIS (1-855-662-7474)
- AGORA Crisis line: (505) 277-3013
- National Suicide Prevention Hotline: 1-800-273-TALK (8255)
- CRISIS Text Line :741741 Just text “Hi” or “Matters”
- Peer to Peer text Line: 1-855-4NM-7100

24/7 Crisis Hotlines

- **988 Suicide & Crisis Lifeline:** Call or text **988** for free, confidential support at any time. This service connects you with trained counselors who can assist with mental health, emotional distress, or substance use concerns. (<https://988nm.org/>)
- **New Mexico Crisis and Access Line (NMCAL):** Call **1-855-NMCRISIS (662-7474)** for 24/7 access to mental health professionals. They offer support for emotional crises, mental health issues, and substance use concerns. (<https://nmcrisisline.com/>)
- **Agora Crisis Center:** Call **505-277-3013** or **1-855-505-4505** for confidential emotional support. This center is staffed by trained volunteers and is available to anyone in need. (<https://www.nmhealth.org/contact/crisis/>)

Additional Support Services

- **Crisis Stabilization Unit (CSU):** Located at 5901 Zuni Rd SE, Albuquerque, the CSU provides short-term stabilization for individuals experiencing a behavioral health crisis. (<https://www.bernco.gov/behavioral-health-authority/>)

- **UNM Psychiatric Center:** Located at 2211 Lomas Blvd NE, Albuquerque, this is the state's largest community mental health provider, offering emergency and urgent psychiatric care. (<https://unmhealth.org/locations/psychiatric-center.html>)
- **Domestic Violence Hotline:** Call 1-800-799-7233 for confidential support and resources related to domestic violence. (<https://www.nmhealth.org/contact/crisis/>)
- **Rape Crisis Center of Central New Mexico:** Call 505-266-7711 for support and advocacy services for survivors of sexual assault. (<https://rapecrisiscnm.org/>)
- **Solace Crisis Treatment Center** – Immediate support for violence-related crises: 505-988-1951 or toll-free 1-844-667-2457

<https://www.cabq.gov/albuquerque-family-advocacy-center/victims-rights-and-assistance/24-hour-crisis-lines>

Emergency Response Services

- **Albuquerque Community Safety (ACS):** For non-violent behavioral health crises, ACS dispatches trained professionals in behavioral and mental health to respond instead of police.
- **Mobile Crisis Teams (MCTs):** Available from 10 a.m. to 10 p.m., 7 days a week, MCTs consist of mental health professionals who respond to non-violent behavioral health crises.
- **Enhanced Crisis Intervention Team (ECIT) Officers:** Specially trained police officers available 24/7 to respond to behavioral health crises.

<https://www.cabq.gov/police/programs/crisis-intervention>

Remember, you are not alone, and help is available. If you are in immediate danger, please call **988 or 911** and inform them it's a mental health emergency so they can dispatch the appropriate responders.